**Sound Actions/Movements**

**Aa** – hold an apple and take a bite.

**Bb** – swipe hand over mouth with lips together. Chop schwa off. Start with line like when you print it.

**Cc** – make a c with hand.

**Dd** – hand with palm straight up and lift/chop while making sound. Mouth slightly open – like when you print d you start with the open circle.

**Ee** – hand palm flat, lifts and curves like you’re going over an edge.

**Ff** – use pointer finger to point to teeth on bottom lip.

**Gg** – touch throat with 2 fingers to feel vibration.

**Hh** – breathe on hand like trying to see breath.

**Ii** – little shoulder bounce to remind about the dot.

**Jj** – two hands, fists closed like putting on a jacket.

**Kk** – turning a key.

**Ll** – use pointer finger to make a straight line down.

**Mm** – rub tummy in a circle.

**Nn** – point to middle of nose and pull out to the side to extend the sound.

**Oo** – use pointer finger to make a circle around mouth.

**Pp** – use palm to push something away.

**Qq** – (qu) – put on crown with palms straight up.

**Rr** – teacher uses right hand/kids use left hand, straight palm and shape into an r as you make the sound – make sure you’re not saying -er.

**Ss** – slither hand like a snake.

**Tt** – use pointer fingers to make a t crossing the fingers.

**Uu** – use pointer finger to form a u in the air.

**Vv** – start palms flat, joined at the wrist and then explode hands up like a volcano, into the air.

**Ww** – use 3 fingers (like a w), wiggle them and move downward like water.

**Xx** – (ks) – palms flat, raise by shoulder, then do the same with other hand to make an x.

**Yy** – make a peace sign and then bring fingers together and pull downwards to make the bottom of the y.

**Zz** – little wings like a bumble bee but keep arms close to body.

[https://www.youtube.com/watch?v=RVnT8tOjxWY](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DRVnT8tOjxWY&data=05%7C02%7Clisa.mol%40eips.ca%7Cf9fca3ad0c5c4252c50d08dd81be44b0%7C9e47afea5e5740c38443f2df4a2f4b3f%7C0%7C0%7C638809376387556522%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=05m7IhyyUPIrWLElPDIpl5R6y1dt6iUNb92ek8r%2FxyY%3D&reserved=0)